

# Meadowvale Seniors Social Club

November 2024

<i>Lest We Forget</i>	Tue	Wed	Thu	Fri	1
	<b>Snack &amp; Learn: Ashley Oaks Retirement Residence</b> <b>Topic: Conquering mental health, obesity and loneliness</b>			8:45-9:50am Tai Chi 1-3pm Scrabble 1-3pm Euchre, Mexican Train, Dominoes	
4	5	6	7	8	
8:45-9:50am Tai Chi 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11:30am Line Dancing 1-3 pm Contract Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 10:30-12:30 Elections, Annual General Meeting and Pizza Lunch 1-3pm Bingo	8:45-9:50am Tai Chi 1-3pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-3pm Scrabble 1-3pm Euchre, Mexican Train, Dominoes	
11	12	13	14	15	
8:45-9:50am Tai Chi 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11:30am Line Dancing 1-3 pm Contract Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 1-3pm Bingo	8:45-9:50am Tai Chi 1-3pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-3pm Scrabble 1-3pm Euchre, Mexican Train, Dominoes	
18	19	20	21	22	
8:45-9:50am Tai Chi 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11:30am Line Dancing 1-3 pm Contract Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 10:30am-12 noon <b>Snack &amp; Learn</b> 1-3pm Bingo	8:45-9:50am Tai Chi 1-3pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-3pm Scrabble 1-3pm Euchre, Mexican Train, Dominoes	
25	26	27	28	29	
8:45-9:50am Tai Chi 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11:30am Line Dancing 1-3 pm Contract Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 1-3pm Bingo	8:45-9:50am Tai Chi 1-3pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-3pm Scrabble 1-3pm Euchre, Mexican Train, Dominoes	

MSSC thanks the City of Mississauga for the use of Community Centre space.

**Sign-up on notice board required for Snack & Learn**

Website: [www.meadowvaleseniors.com](http://www.meadowvaleseniors.com)