

# Meadowvale Seniors Social Club

January 2025

Mon	Tue	Wed	Thu	Fri
No BUS trips planned for this month		Jan 15 <sup>th</sup> Snack & Learn Topic – Peripheral Neuropathy a.k.a Nerve Damage (details posted on the bulletin board)		No MSSC offered activities Jan 1-3 (due to MCC kids programme)
6	7	8	9	10
8:45-9:50am Tai Chi 10:30am – Executive Meet 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11.30am Line Dancing 1-3.30pm Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 10:30am General Meeting 1-3pm Bingo	8:45-9:50am Tai Chi 1-3:30pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-4pm Mexican Train, Dominoes 1-3pm Euchre, Scrabble
13	14	15	16	17
8:45-9:50am Tai Chi 1-3pm Carpet Bowling Knit & Crochet Fixed Partner Bridge	8:45-9:50am Tai Chi 10-11.30am Line Dancing 1-3.30pm Bridge 1-3pm Euchre	8:45-9:50am Tai Chi 10.30-12PM Snack & Learn - sign up req'd 1-3pm Bingo	8:45-9:50am Tai Chi 1-3:30pm Bridge & Cribbage	8:45-9:50am Tai Chi 1-4pm Mexican Train, Dominoes 1-3pm Euchre, Scrabble
20	21	22	23	24
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27	28	29	30	31
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MSSC thanks the City of Mississauga for the use of Community Centre space

MSSC Web site: [www.meadowvaleseniors.com](http://www.meadowvaleseniors.com)